



Pediatric & Adult Allergy & Asthma
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Mark H. Ellis, M.D., Division Chief
Sarah S. Field, M.D.
Wan-Yin Chan, M.D., M.S.

Dear Patient,

Thank you for scheduling an appointment for you to be seen at our Orange office. We would like to welcome you to our office and look forward to working with you. Our goal at this appointment will be to review your medical history and help identify factors that may trigger symptoms. Skin testing for allergens helps us identify certain important triggers that may provoke these symptoms.

For accurate skin test results, we request that the following meds be **AVOIDED** at least five days prior:

<u>Benadryl</u> (diphenhydramine)	<u>Allegra</u> (fexofenadine)	<u>Astelin</u> (azelastine nasal)
<u>Chlor-Trimeton</u> (chlorpheniramine)	<u>Atarax / Vistaril</u> (hydroxyzine)	<u>Patanase</u> (olopatadine)
<u>Dimetapp</u>	<u>Sudafed</u>	<u>Pataday</u> (olopatadine)
<u>Claritin / Alavert</u> (loratidine)	<u>Nyquil Sinus</u>	<u>Dymista</u>
<u>Clarinex</u> (desloratadine)	<u>Tylenol Cold</u>	
<u>Zyrtec</u> (cetirizine)	<u>Periactin</u> (cyproheptadine)	
<u>Xyzal</u> (levocetirizine)	<u>Phenergan</u> (promethazine)	
Dexchlorpheniramine		

Also, we ask that you bring a list of all your current medications with you, not just those concerned with your possible allergies. Females may find it more convenient to wear a two-piece outfit because skin testing is done on the back.

A three hour block of time has been set aside for you. Should a change in the appointment become necessary, please call us at least 24 hours in advance. We will call you on two days prior to confirm the appointment. Failure to cancel the appointment after confirmation may result in a charge being assessed.

Please bring the enclosed forms with your fully completed and any laboratory results and/or X-Rays and reports that have been done prior to your visit. If you are unable to complete the enclosed forms before your appointment, please arrive 15 minutes before the appointment time to complete them. If your forms are not completed and/or you arrive more than 15 minutes late, you may be rescheduled. It is very important that you be on time. Your punctuality will make it possible for us to do our very best for you. Once again, thank you for calling and we look forward to seeing you.

Sincerely,

Mark H. Ellis, MD

Sarah S. Field, MD

Wan-Yin Chan, MD